



IN ACTION CONFERENCE

*Supporting agency and connectivity
to drive primary healthcare
innovation for young Aboriginal and
Torres Strait Islander people in
Southeast Queensland.*

Presenters:

Bogaine Spearim (IUIH)

Clare Mangoyana (IUIH)

Finn Kelly (Youth
Committee)

Kristie Harris (IUIH)

Takeisha Riley (Youth
Committee)

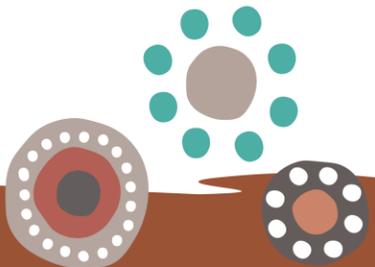


Acknowledgement

We honour the many Goori Tribal Nations whose territories we work across within South-East Queensland. We honour the legacy and the vision of those who paved the way and those who continue to guide us. We honour our future generations by maintaining the vision with focused determination.

Project team and other thanks

- Kaava Watson
- Renee Brown
- James Ward
- Carmel Nelson
- Danielle Butler
- Stephen Harfield
- Dawn Schofield
- Alfred Davies
- Kristie Harris
- Serin Borton
- Jenny Setchell
- Stephanie Moriarty
- Lachlan Walker
- Clare Mangoyana
- Camille Anlezark
- The Young people that participated in the project
- The members of the Advisory Committee



Key Priority Areas

SEQ First Nations Health Equity Strategy Key Priority Areas

- **KPA1 Cultural Safety:** Actively eliminating racial discrimination and institutional racism within services.
- **KPA2 Access:** Increasing access to healthcare services.
- **KPA3 Determinants:** Influencing the social, cultural, and economic determinants of health.
- **KPA4 Delivering Quality Healthcare:** Delivering sustainable, culturally safe, and responsive healthcare services.
- **KPA5 Service Delivery Partnerships:** Working with First Nations people, communities, and organisations to design, deliver, monitor, and review health services.
- **KPA6 A Strong and Capable Workforce:** Strengthening the First Nations health workforce.



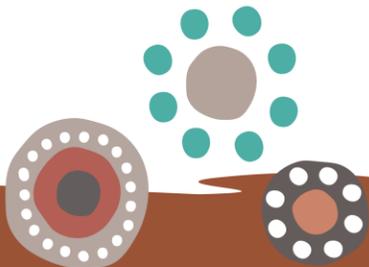
About the project

31 Youth Yarns

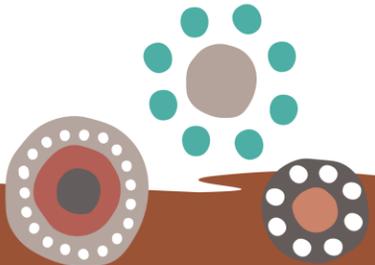
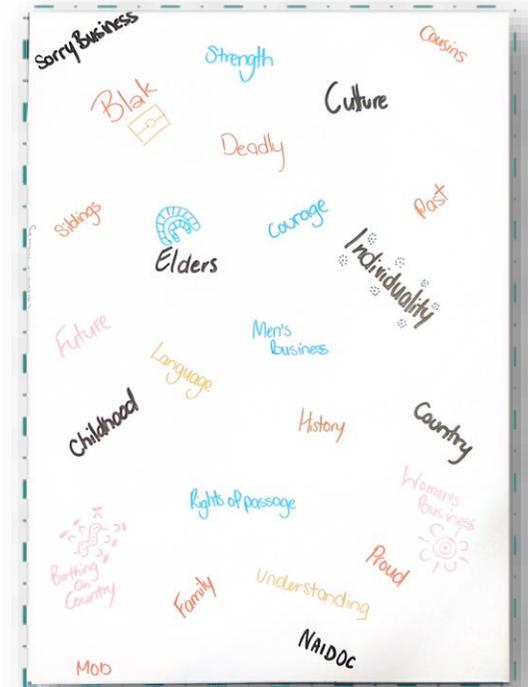
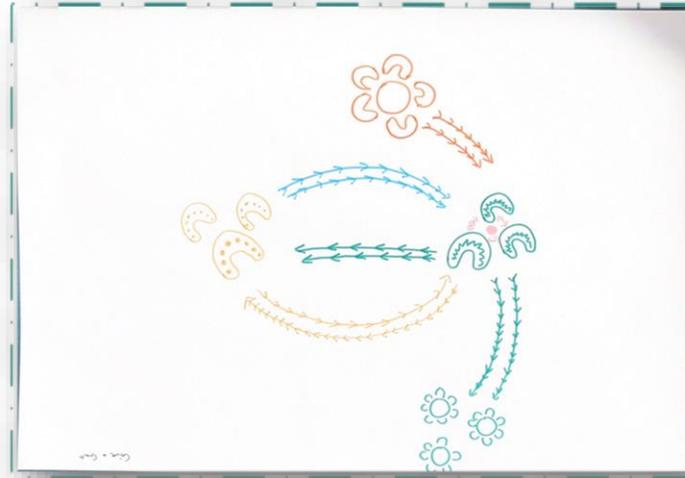
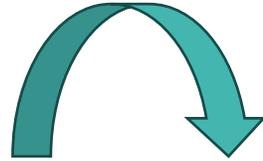
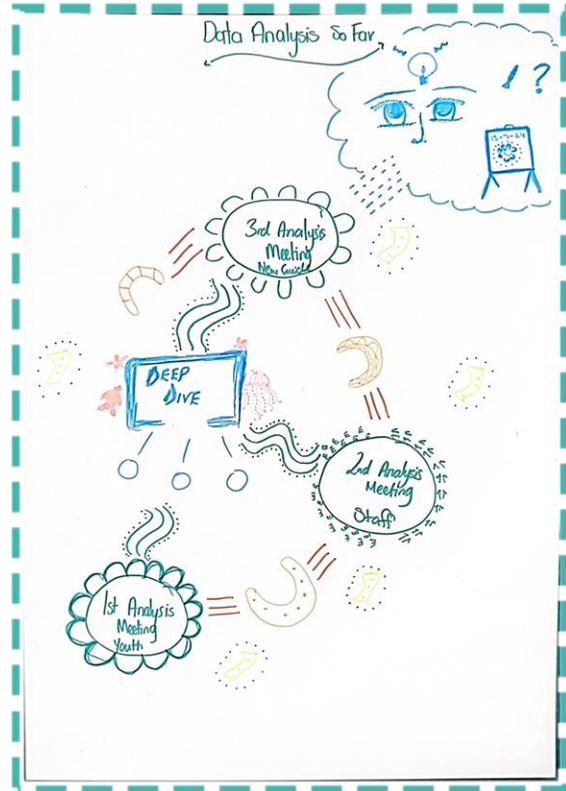
- From over 21 mobs!
- 15 to 24 years old (average 18.5)
- 23 female, 8 male, 0 non-binary

20 Stakeholder Yarns

- Wide range of roles working with young people



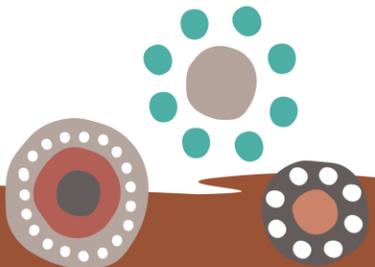
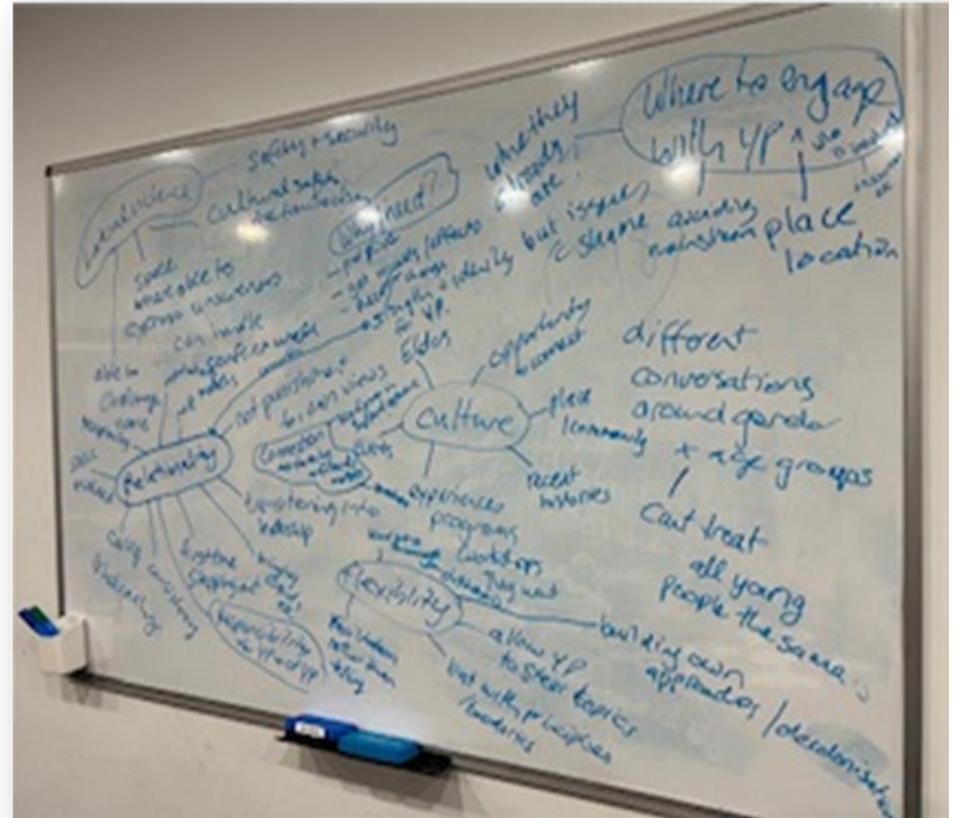
Sense Making



What did we find

4 Domains

- Culture and identity
- Reciprocity ('give and get')
- Relationships
- Belonging and connections



Strengthening culture and identity



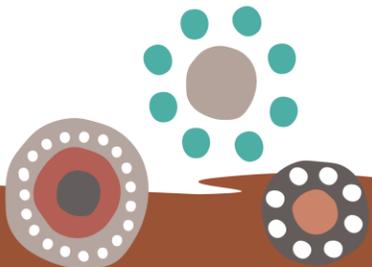
Culture and identity are not only about common ideas of culture e.g. arts



Also, about responsibilities and obligations, learning from Elders, individuality, language, and connection to place.

“Culture means making my ancestors proud and participating in cultural events and hanging out with people who are also Indigenous too like that brings me a great sense of culture, cultural community as well...and also my connection to my family and my community and my country.”

Tamika, Youth Yarn.



Reciprocity 'give and get'

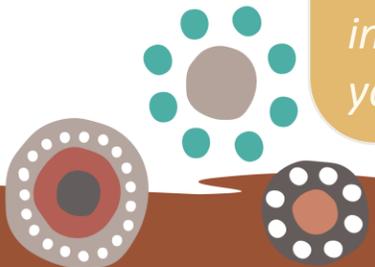
- Young people are invested in learning and sharing as young community members
- Deadly young people that take on the roles of leaders and mentors want to help other young people and their communities.

"Yeah, man. That's always beneficial with, that's a one (sic) in the blue moon thing, like with the Elders and they're in their yarning circles and you go up and talk to them. It's inspiring. Yeah. You feel a connection to who you are, you know." Jamal, Youth Yarn.

"I would say that it's actually moreso having other people that need my support because that can sort of kick me into gear and as long as I know I'm putting out something positive, I tend to worry a lot less ... So, I think that I actually feel better by helping other people." Jason, Youth Yarn

What does that look like?

- Learning from Elders
- Modelling and mentoring
- Self-determination

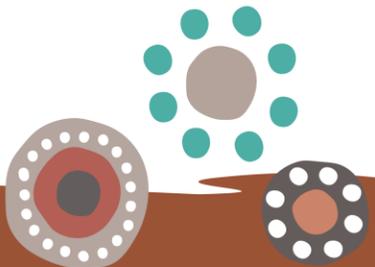


Relationships

- Relationships are important to young people.
- Acknowledging, valuing, and empowering young people and the importance of community in young people's lives, their relationships & obligations are fundamental.

(Interviewer) 'What do you value in people?' (Delilah) "Trust. (Interviewer): What do you value in services?'(Serrena) "Connection." (Delilah) "Empathy and compassion." (Serrena) "Like taking the time and effort to make a relationship with them." (Delilah) "Patience." Youth Yarn.

*"...It's nice to have that yarn, and even if you sit in silence, sometimes it's nice to just be in the presence of others who actually understand what you are or what you have gone through." Naomi.
Youth Yarn*



Belonging and connection



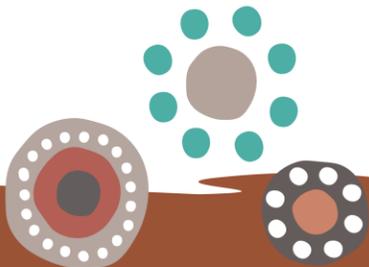
We are always on Country which keeps us safe, grounded - and country always varies. Young people are diverse with different life experiences, world views/ways, disadvantage/privilege, subcultures.



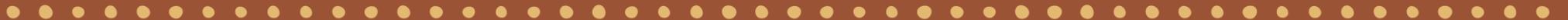
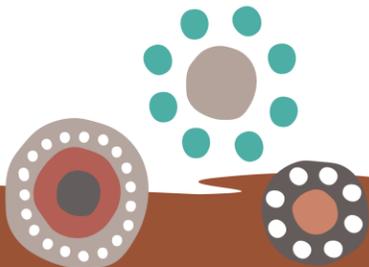
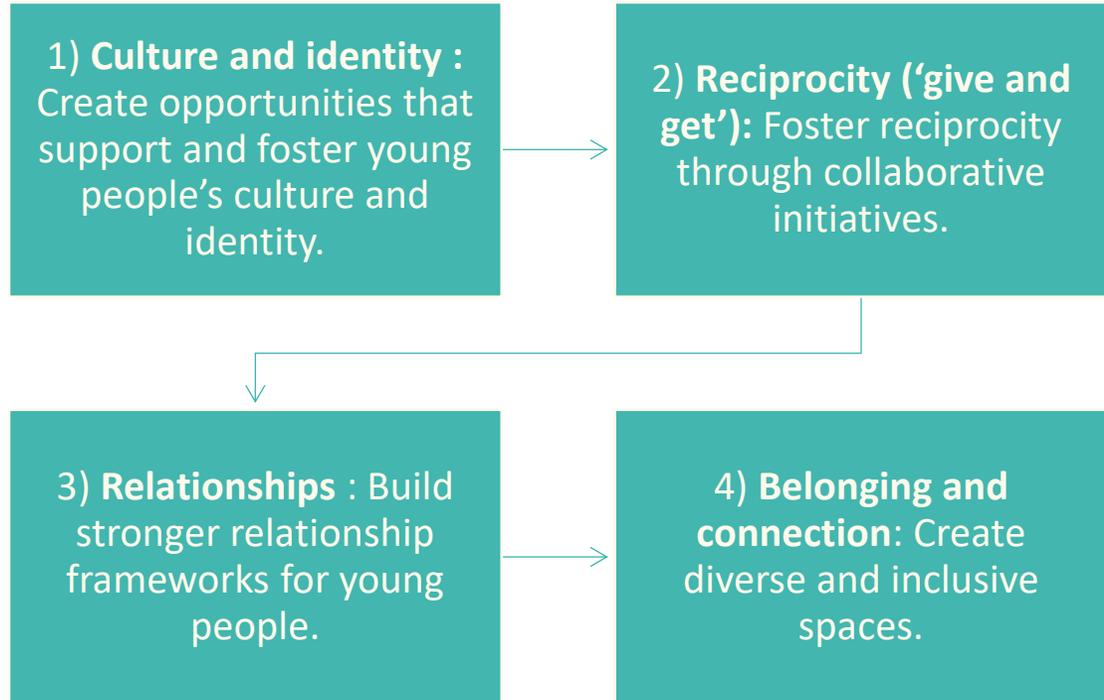
To connect with young people a safe space where people are seen, valued and heard for who they are is important.

“Young people generally love being active, so doing some form of games. Traditional games generally is what we play with young people...Different groups will like different things. Some will really enjoy yarning and sharing, others will like doing activities.” Janathan, Staff Yarn.

“ I guess the support around mental health and your wellbeing and stuff. It's not really there. It's like all about workbooks and work.” Tracy Youth Yarn



Recommendations





Thank
You!

ANY QUESTIONS?