



**IN ACTION CONFERENCE**

POWA : Supporting young people at risk of entering the justice system and help to provide an alternative pathway through wrap around support.

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# Key Priority Areas

## SEQ First Nations Health Equity Strategy Key Priority Areas

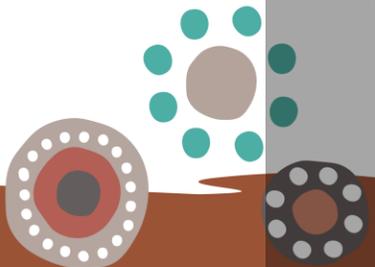
- **KPA1 Cultural Safety:** Actively eliminating racial discrimination and institutional racism within services.
- **KPA2 Access:** Increasing access to healthcare services.
- **KPA3 Determinants:** Influencing the social, cultural, and economic determinants of health.
- **KPA4 Delivering Quality Healthcare:** Delivering sustainable, culturally safe, and responsive healthcare services.
- **KPA5 Service Delivery Partnerships:** Working with First Nations people, communities, and organisations to design, deliver, monitor, and review health services.
- **KPA6 A Strong and Capable Workforce:** Strengthening the First Nations health workforce.



We honour the many Goori Tribal Nations whose territories we work across within South-East Queensland.

We honour the legacy and the vision of those who paved the way and those who continue to guide us.

We honour our future generations by maintaining the vision with focused determination.

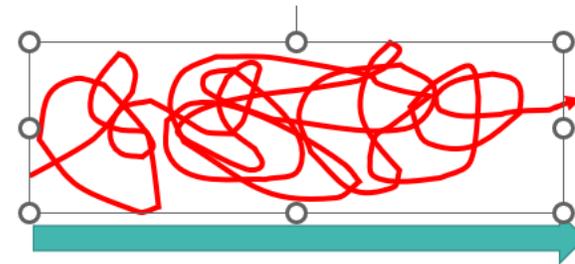




Empowering Mob, Creating Pathways

Traineeships and work readiness pathways for mob

Starting in high schools and extending to families through our clinics, services and community



**Data also shows that First Nations young people are disproportionately represented in the youth justice system**



Issues such as disengagement with schooling is a recognised factors contributing to youth offending as well and learning difficulties.

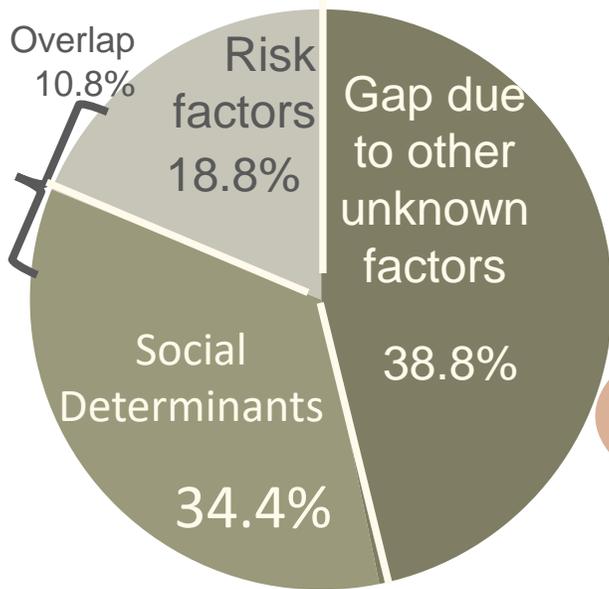


# Risk Factors and Social Determinants of Health

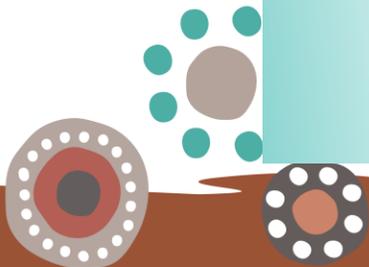
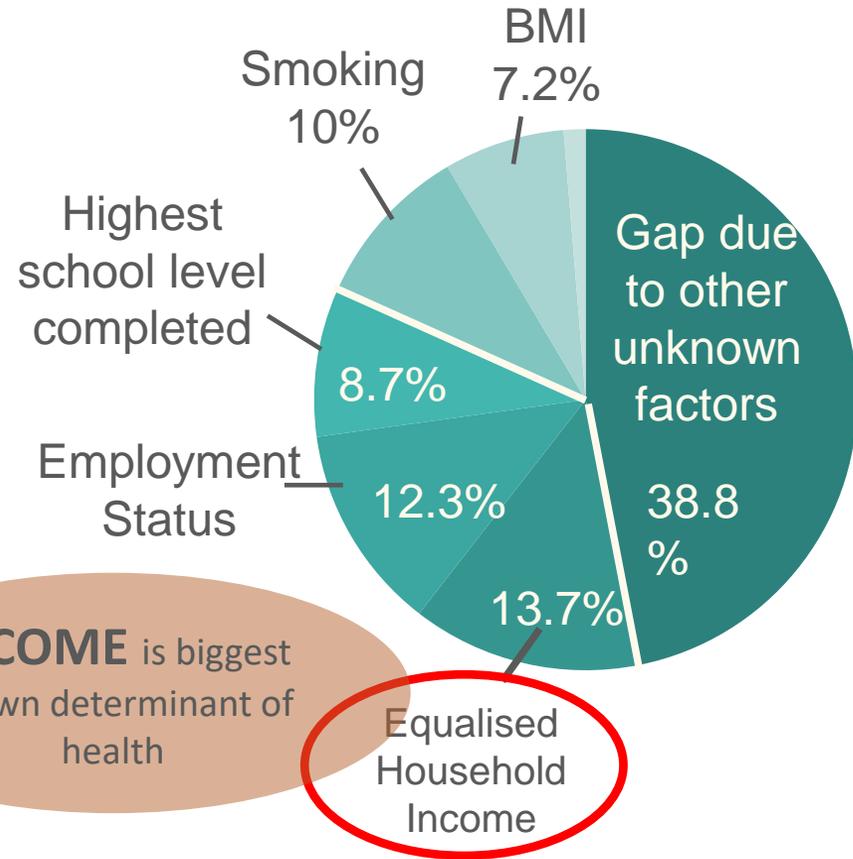


URBAN Disadvantage

Social Determinants and Risk Factors contribute to over **HALF** of the Health Gap

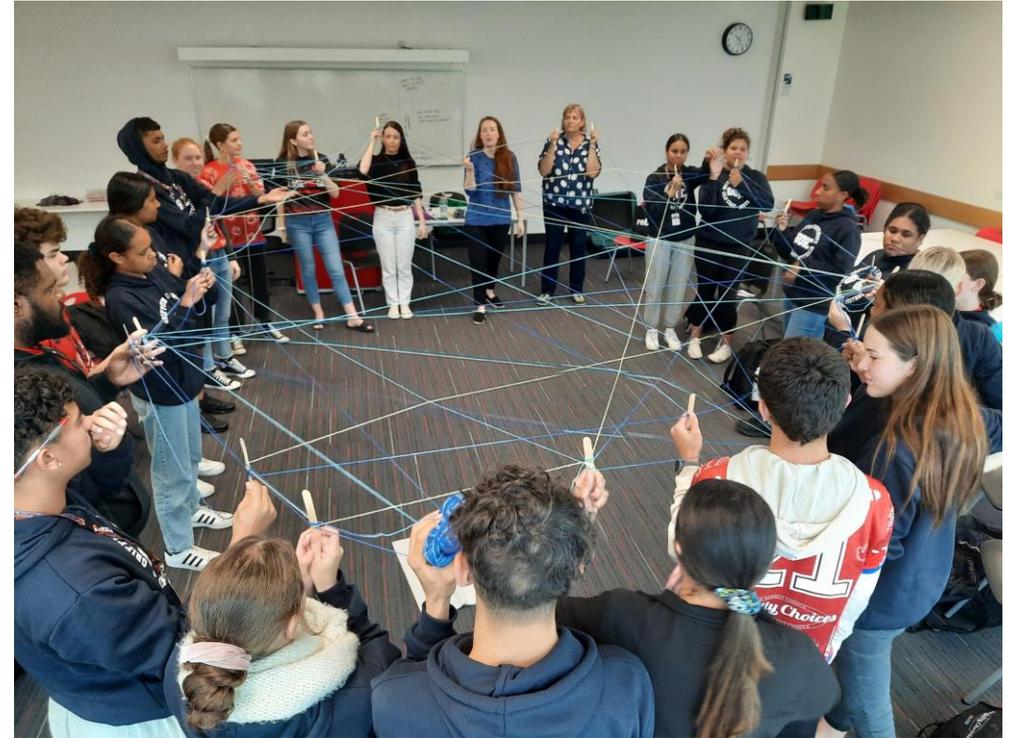


**INCOME** is biggest known determinant of health

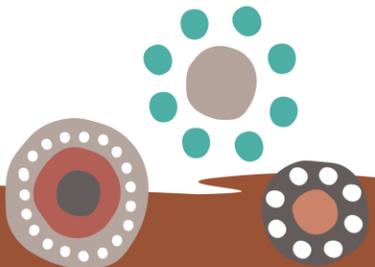


# Why traineeships program?

- **Practical Experience and skills development:** Traineeships provide hands-on experience in a real work environment
- **Sense of purpose, motivation, belonging**
- **Environment** –may struggle with traditional educational models
- **Confidence** - boost self-esteem and confidence in their abilities.
- **Earn while learning on the job**
- **Mentoring and guidance** – helping to navigate challenges and overcoming barriers
- **Pathway to employment or further education**



- School-based traineeships
- Part-time and full-time traineeships
- Work readiness programs



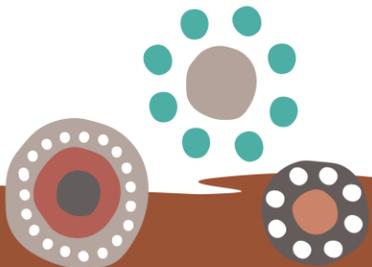
## Key Navigational Tools providing pathways

Supportive  
Systems

Authentic  
relationships

Meaningful  
education  
and  
employment

Flexibility in  
systems and  
people



# Wrap around support

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- **Holistic Approach - Person centered**
- **Walking alongside the person in the journey.**
- **Face to face yarns and check-ins**
- **Goal setting –motivating and empowering mob to reach their goals hopes and dreams**
- **Building resilience**
- **Linking into healthcare > 715 HEALTH CHECKS**
- **financial support**
- **Providing exposure**
- **Cultural safe environments**



# Addressing Social Determinants: POWA

- 35% of SBT's have experienced transient housing
- 75 % supported to gain a Customer Reference Number (required to apply for a Blue/Yellow card)
- 34% assisted with gaining Birth Certificate
- 15% assisted with gaining Driver's license
- 25% linked into youth services to assist with accommodation
- 80 % supported to undertake 715 health check
- 40% require Learning Literacy, Numeracy and Digital support



# Success stories

## Before entering a POWA Pathway

- 26 school suspension in the last 12months
- Low attendance at school
- Drinking alcohol 3-4 times a week
- Theft
- Low confidence due to LLND barriers
- Unknown ADHD and other health conditions
- In and out of home care / couch surfing

## During pathway

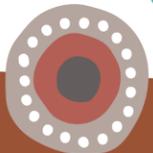
- 1 school suspension
- Increased attendance to 80%
- Decrease of alcohol and learnt the effects
- Saving money
- Visited their local health clinic for the first time in 5 years
- Undertook a 715-health check and was diagnosed for ADHD
- Learnt more about their learning difficulties and how to manage through his learnings
- Linked in with youth services and other local community programs
- Sense of belonging through mentorship and connected back to culture
- Found their passion

## Now

- Employed
- Enrolled into university studying
- Helping family pay bills
- Role model for younger siblings
- Confident and does not let LLND barrier become a reason to stop
- Returns to school and POWA to yarn to other young people about how to overcome barriers

Smoking 2-3 packets of cigarettes a week to 1 cigarette a week

Couch surfing between family and friends > Womens shelter POWA assisted to get all identification required to claim own Centrelink payments linked into youth services > accommodation





COMPASSION. COMMITMENT. DEDICATION.

