



IN ACTION CONFERENCE

# Inter-generational Program

*Sylvia Reihana & Anu Manoharan*  
*Layla Saltner & Aunty Vicki*



# Acknowledgement of Country

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We acknowledge the traditional custodians of the lands on which we meet today.

We pay our respects to the Elders past and present and to those that may be present with us today.



# Key Priority Areas

## SEQ First Nations Health Equity Strategy Key Priority Areas

- **KPA1 Cultural Safety:** Actively eliminating racial discrimination and institutional racism within services.
- **KPA2 Access:** Increasing access to healthcare services.
- **KPA3 Determinants:** Influencing the social, cultural, and economic determinants of health.
- **KPA4 Delivering Quality Healthcare:** Delivering sustainable, culturally safe, and responsive healthcare services.
- **KPA5 Service Delivery Partnerships:** Working with First Nations people, communities, and organisations to design, deliver, monitor, and review health services.
- **KPA6 A Strong and Capable Workforce:** Strengthening the First Nations health workforce.



# Speaker Introduction

Anu Manoharan

- PHN, Healthy Ageing

Sylvia Reihana

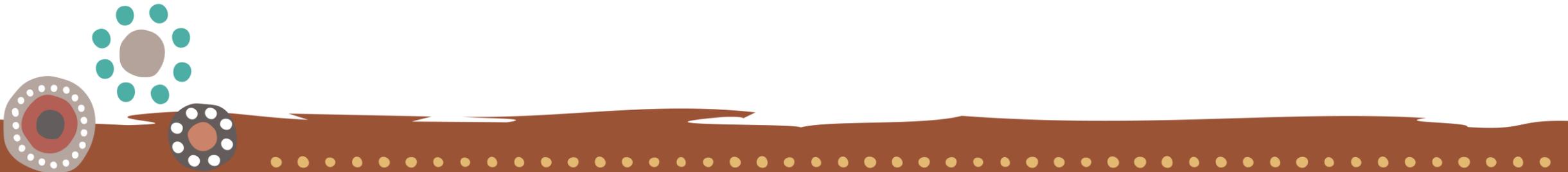
- IUIH, Project Lead for Early Intervention Programs

Layla Saltner

- Allied Health Assistant Trainee, completed program in Term 1, 2024

Aunty Vicki

- Inter-generational Program participant

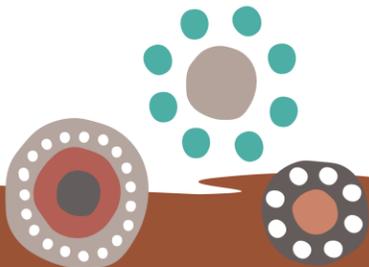
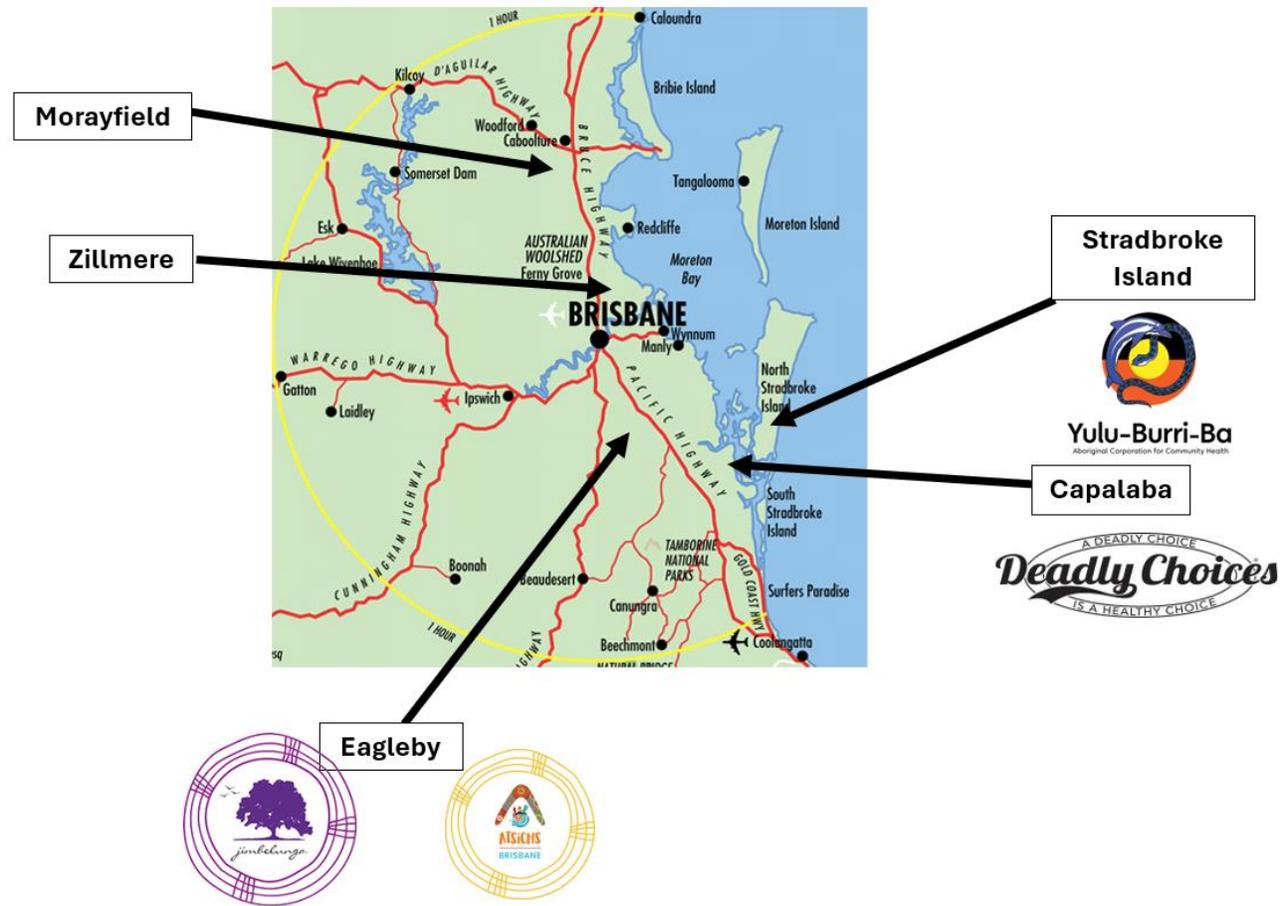




## What is an Inter-generational Program?

An intergenerational program is purposeful, bringing together older and younger generations to provide mutual benefits through activities aimed to increase interaction knowledge and skills to benefit wellbeing across generations.

# Overview of IUIH's Inter-generational Program Locations



# Inter-generational Program

Brisbane North PHN &  
Institute for Urban  
Indigenous Health

*Sylvia Reihana & Anu Manoharan*

*Layla Saltner & Aunty Vicki*

Supported by  
**phn**  
BRISBANE NORTH  
An Australian Government Initiative

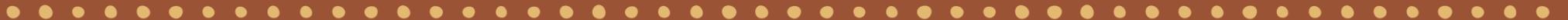
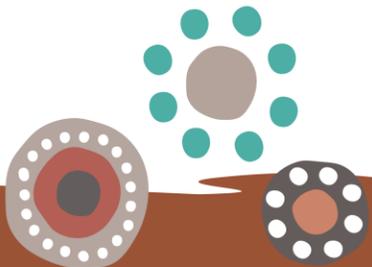
**IUIH**  
Institute for  
urban indigenous health



[Video Link](#)

# Interview Panel Q&A

Aunty Vicki and Layla



# Findings from the program

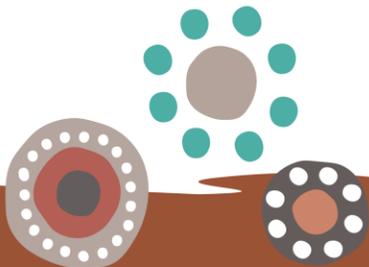
It's lovely to interact with youth who respect and yarn to us and come to see us regularly.

Three-Item Loneliness Scale UCLA-5			
The next questions are about how you feel about different aspects of your life. For each one, tell me how often you feel that way.			
1. How often do you feel that you lack companionship?	1	2	3
2. How often do you feel left out?	1	2	3
3. How often do you feel isolated from others?	1	2	3

• Prima

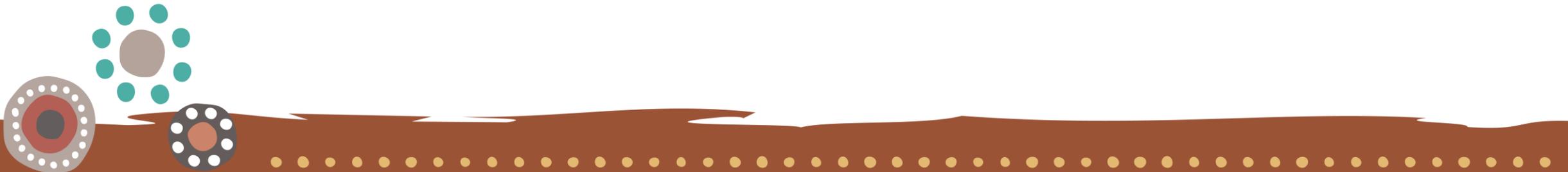
- Elders: Kessler-5 and quantitative evidence (*feedback, photos, informal yarns*)
- Youth: Kessler-5, Coomera Wellness Wheel, Australian Semantic Scale, Word Associations, quantitative evidence (*feedback, photos, session reflections yarns*).

If it wasn't for this program I wouldn't have finished school.



# Difficulties/Future plans

- Undergoing the process to contribute to research on IG programs for First Nations
- Standard UCLA scale – wording is not appropriate for First Nations
- Looking at developing a visual scale (e.g. kindergarten model) but culturally & age appropriate (elders in community & youth)

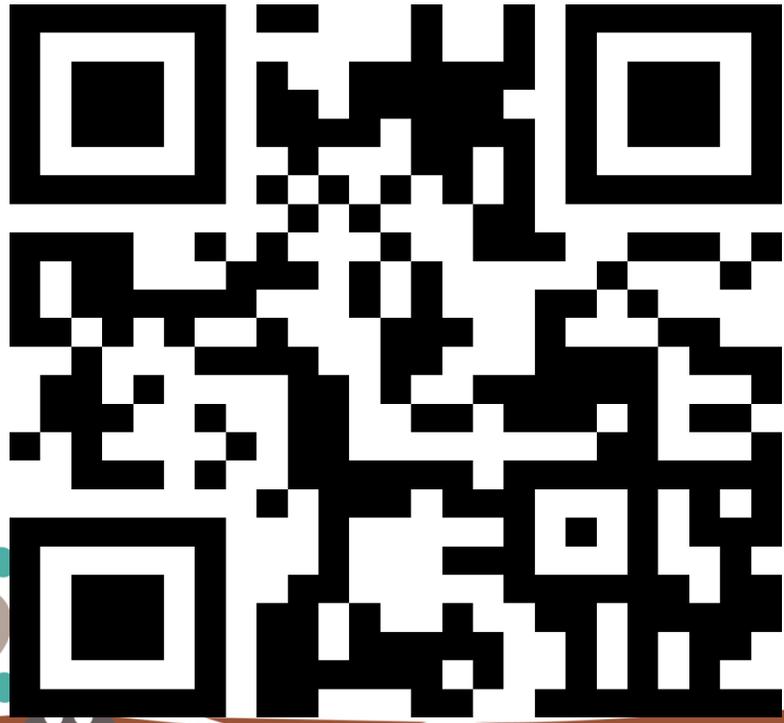


# Further Information



## Institute for Urban Indigenous Health

[eldersearlyintervention@iuih.org.au](mailto:eldersearlyintervention@iuih.org.au)



## Brisbane North PHN

Early Interventions  
Initiatives

