



IN ACTION CONFERENCE

Early Intervention for Elders (Chronic Disease & Social Isolation)

Brisbane North PHN & Institute for Urban
Indigenous Health

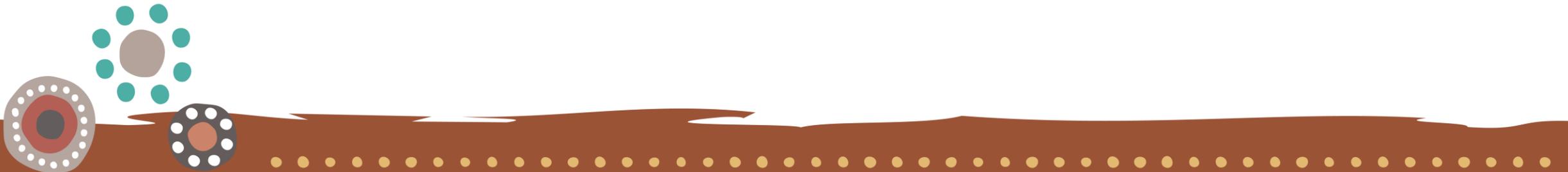
Anu Manoharan (BNPHN) & Sylvia Reihana (IUIH)



Acknowledgement of Country

We acknowledge the traditional custodians of the lands on which we meet today.

We pay our respects to the Elders past and present and to those that may be present with us today.



Key Priority Areas

SEQ First Nations Health Equity Strategy Key Priority Areas

- **KPA1 Cultural Safety:** Actively eliminating racial discrimination and institutional racism within services.
- **KPA2 Access:** Increasing access to healthcare services.
- **KPA3 Determinants:** Influencing the social, cultural, and economic determinants of health.
- **KPA4 Delivering Quality Healthcare:** Delivering sustainable, culturally safe, and responsive healthcare services.
- **KPA5 Service Delivery Partnerships:** Working with First Nations people, communities, and organisations to design, deliver, monitor, and review health services.
- **KPA6 A Strong and Capable Workforce:** Strengthening the First Nations health workforce.



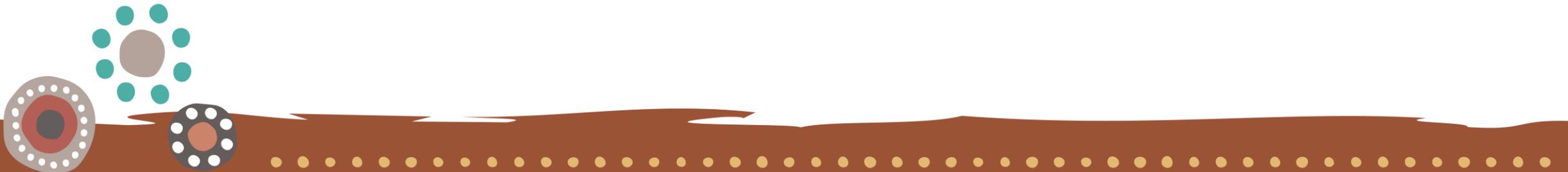
IUIH and The PHN partnership

Sylvia Reihana

- IUIH Project Lead for Early Intervention Programs

Anu Manoharan

- PHN, Healthy Ageing



Social Determinants of Health

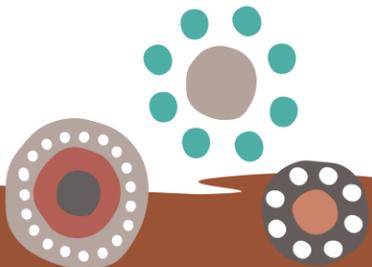
Why do we need Early Intervention for Elders?

Social Isolation is associated with an increased risk of adverse health outcomes.

Reducing social isolation in older adults enhances:

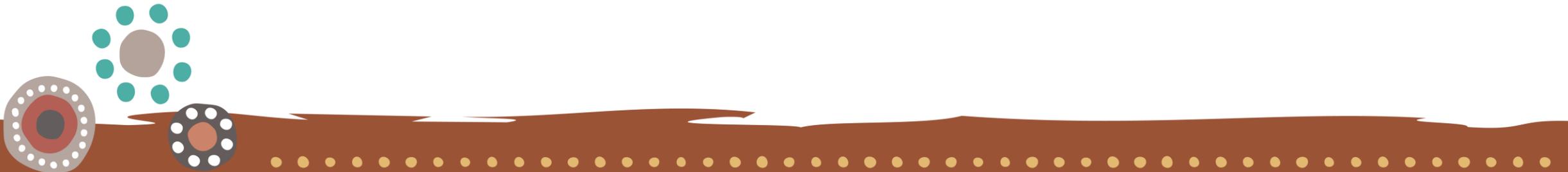
- Mental health
- Reduces the risk of depression
- Promotes physical wellbeing through increased social engagement and supporting networks.

Early Intervention Programs that **promote social connection fosters a holistic approach to healthy aging** early intervention and social connection fosters a holistic approach to healthy ageing with programs.



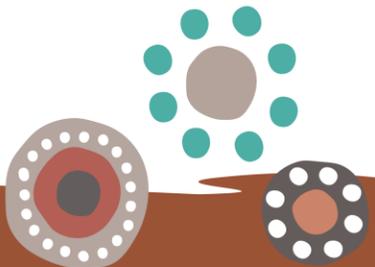
Overview of the program

- Supporting Aboriginal and/or Torres Strait Islanders 50+
 - Living across Brisbane Northside & Moreton Bay.
- Identified as isolated, lonely, gaps in support services:
 - Social
 - Health
 - Aged Care
- Holistic approach to coordination, no wrong door.



Benefits of the program

- One dedicated Client Support Facilitator.
- Working in **collaboration** with services and providing one **central** contact.
- Targeted approach to health care appointments and/or 1:1 support.
- Support is not always only with the individual can be the wider family unit.



External Service
Information provided
OR referrals sent

IUIH Service
1:1 Support or referral
to appropriate team

Elder #1

Aged Care

Health

Regional Assessment Service

IUIH Aged Care Support Service

Aged Care Connector

Christmas Hampers to 2x external organisations

Incontinence Aid samples

GP Follow up (Non-AMS)

Integrated Team Care (CCSS)

Mobilink (OT Coordinated)

Transport & Advocacy

Wellbeing Check ins

ACAT referral

Advocacy in ACAT

Individual social supports

Domestic Service

Social Respite

Transport

Joint Advocacy support in ACAT

Facilitated CCSS Referral (715 & GPMP)

Hearing Aids

Ophthalmology

Specialist Hospital Reviews

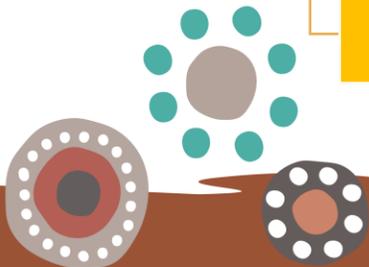
Incontinence Assessment

IUIH Cardiac Rehab (GP prompt)

Wheelchair CHSP funding

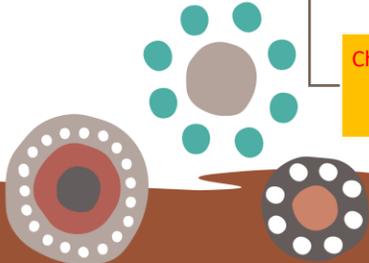
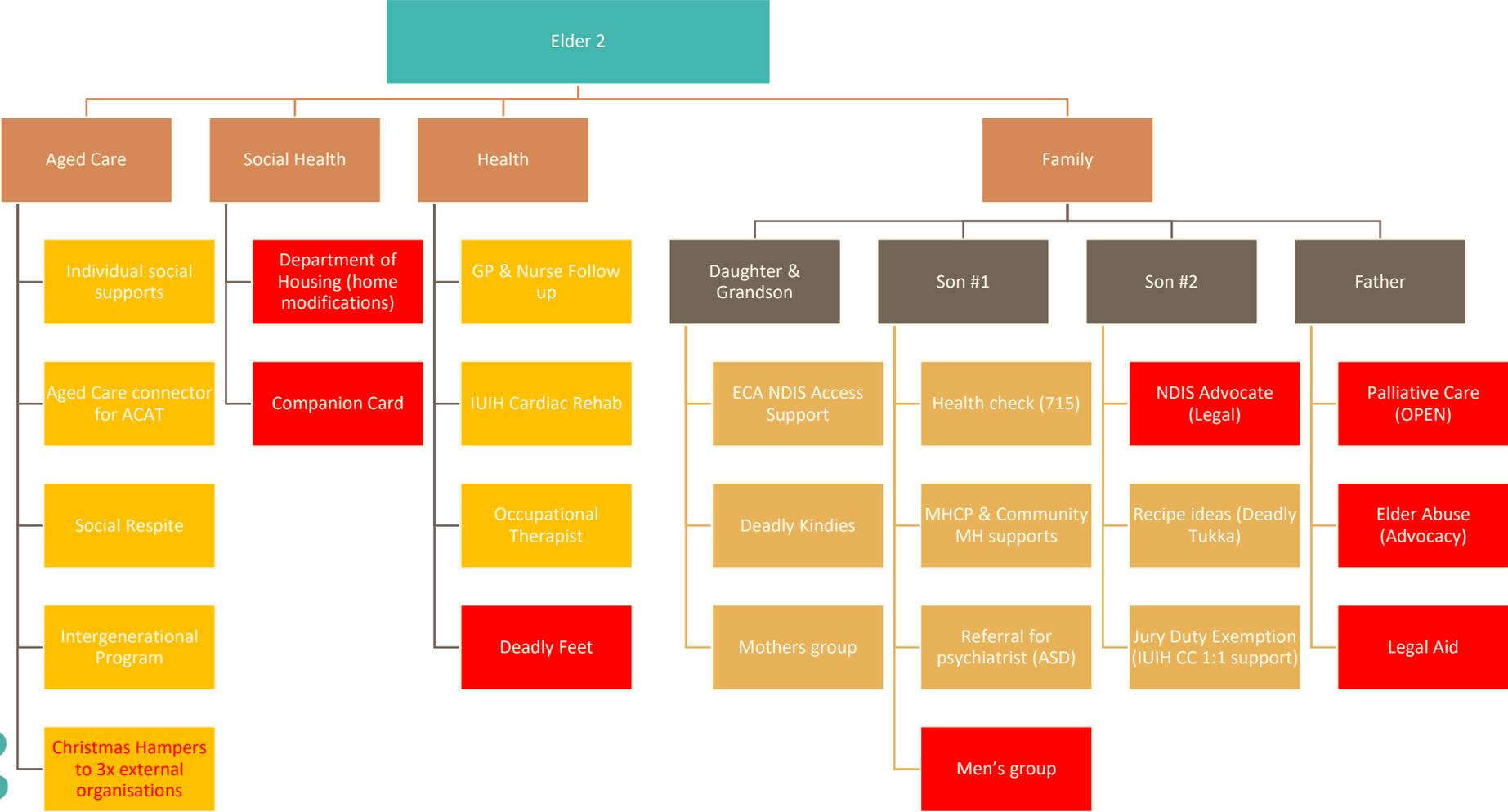
Wheelie Walker External Funding sourced through Trust*

Virtual Care Team (Crisis)



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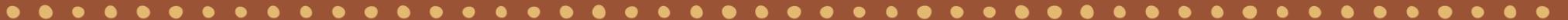
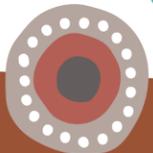


Benefits and Feedback

I didn't want to bother anyone with increasing my Aged Care services post-surgery but I'm glad I was able to talk to someone and get support.

I don't use my phone; I hate talking on it! **Why can't people come out and see me!?** Since my cancer diagnosis I have all these appointments and follow ups I have to sort out. I was confused and lost until you took the time to sit with me and support me through the journey.

We didn't know where to turn with Mum, we thought the only option was yarning about going to an Aged Care Facility.



Further Information



IUIH Early Interventions

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Brisbane North PHN

Early Interventions Initiatives

