



KARULBO

KARULBO

Improving Health Equity through whole of community approaches





Acknowledgement of Country

Karulbo: together (Yugambeh language region)

WARNING: presentation contains images of deceased persons.



KARULBO



History



- **Established:** 2007
- **Framework:** *Making two worlds work* - building the capacity of the community and health sectors to work effectively and respectfully with our Aboriginal community.
- **Aim:** Collaborate to progress Community health and wellbeing
- **Partners:** Gold Coast Health, Kalwun, Krurungal with support from the GC PCC
- **Participation:** Health Sector, Community sector, Education Sector, Local Government
- **Focus Areas:** Partnerships, Elders, Youth, Health promotion, Social and emotional wellbeing, Education and Workforce



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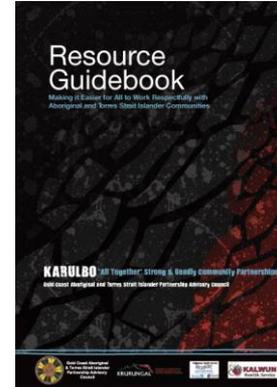
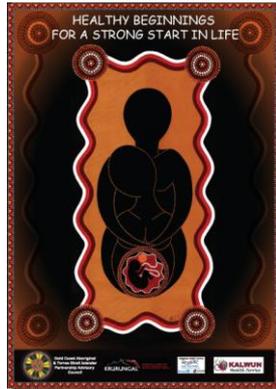
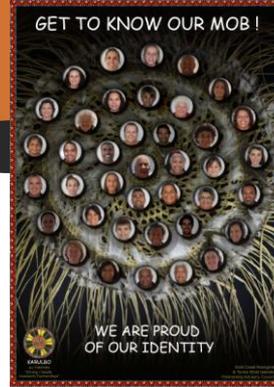
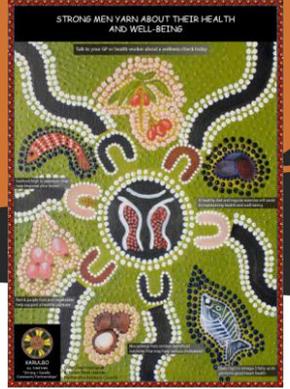
Indigenous All Stars visit to Kalwun



Yugambah Tribute to the National Anthem
Gifted to Queensland Parliament 01 Dec 2011.

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Resources





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2023 Consultation

KARULBO
YARNING CIRCLE

2x
CONSULTATIONS
69x
PARTICIPANTS

Exploration

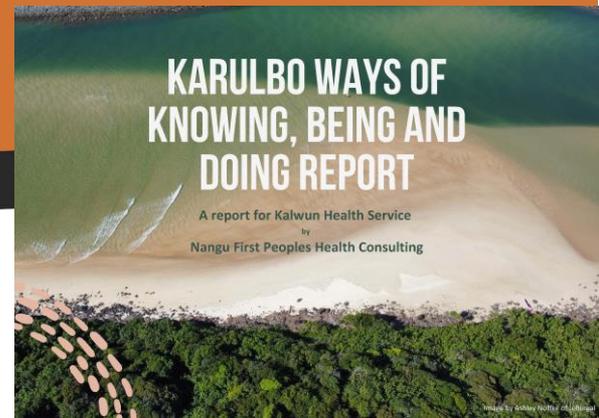
1. What do you want Karulbo to be?
2. What do you want Karulbo leadership to look like?

KNOWING BEING DOING

Governance

Values

Intent





KARULBO



Recommendations

- **Governance:** grass roots membership, diverse leadership selected from nomination.
- **Values:** People, Participation, Partnerships.
- **Intent:** Information sharing (programs, services and offerings), Collaboration, Health Promotion, Education.





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Approach

Creating a platform for:

- meaningful dialogue
- collaboration
- advocacy.

Empowering community:

- active participation
- decision-making
- priority setting.

INCREASING IMPACT ON THE DECISION

| | INFORM | CONSULT | INVOLVE | COLLABORATE | EMPOWER |
|---------------------------|--|--|---|--|--|
| Public Participation Goal | To provide the public with balanced and objective information to assist them in understanding the problem, alternatives, opportunities and/or solutions. | To obtain public feedback on analysis, alternatives and/or decisions. | To work directly with the public throughout the process to ensure that public concerns and aspirations are consistently understood and considered. | To partner with the public in each aspect of the decision including the development of alternatives and the identification of the preferred solution. | To place final decision making in the hands of the public. |
| Promise to the Public | We will keep you informed. | We will keep you informed, listen to and acknowledge concerns and aspirations, and provide feedback on how public input influenced the decision. We will seek your feedback on drafts and proposals. | We will work with you to ensure that your concerns and aspirations are directly reflected in the alternatives developed and provide feedback on how public input influenced the decision. | We will work together with you to formulate solutions and incorporate your advice and recommendations into the decisions to the maximum extent possible. | We will implement what you decide. |



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Committee



INVOLVE



COLLABORATE

- **Structure:** 10 diverse members including 3 partner members.
- **Frequency:** 2 weeks prior to Yarning Circle.
- **Facilitate:** Decision-making by consensus, Chair Yarning Circles.
- **Support:** Gold Coast Health and Kalwun



KARULBO
YARNING CIRCLE

Karulbo Yarning Circle (KYC) Committee Expression of Interest Form

Thank you for your interest in being a member of the Karulbo Yarning Circle (KYC) Committee. Karulbo's primary objective is to empower Aboriginal and Torres Strait Islander community members in the Gold Coast region to participate actively in discussion and decision-making processes related to addressing social determinants of health issues in our local community.

We invite you to complete this Expression of Interest form and return it to karulbo@kalwun.com.au by Thursday 7 December.

To be eligible to submit an Expression of Interest for the KYC committee, you must identify as Aboriginal and/or Torres Strait Islander, live on the Gold Coast and be 16 years of age or older.

First Name: _____ Surname: _____ Year of Birth: _____
 Phone/Mobile: _____ Email Address: _____

Please share your background and tell us about yourself:

Why you would like to be part of this committee?

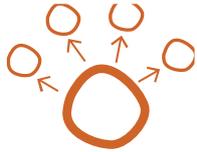
Do you have skills and experience to offer to Karulbo? If so, please describe below:



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Yarning circles



INFORM

- **Structure:** Open to participants.
- **Frequency:** 4 x Yarning Circles per year.
- **Information sharing:** up to 5 presentations
3 x member updates



Karulbo Committee – January 2024 Communique

Karulbo is a Yagimbah word meaning 'All Together' which symbolises the shared goals, passion and spirit of the community who form part of the partnership in improving the health and wellbeing of our community on the Gold Coast.

Establishment of the Karulbo Committee
Karulbo primary objective is to empower Aboriginal and Torres Strait Islander community members in the Gold Coast region to actively participate in discussions and contribute to decision-making processes related to addressing issues that are relevant to the local Aboriginal and Torres Strait Islander community. Karulbo aims to create a platform for meaningful dialogue, collaboration, and advocacy to address. The formation of the committee was guided by the independent Karulbo Ways of Knowing, Being and Doing report that was commissioned in 2023. The Karulbo Committee has been established to govern the Karulbo Yarning Circles and to ensure the Karulbo purpose is achieved.

Karulbo Committee Members

Karulbo members shall be reviewed periodically to ensure continued relevance and effectiveness. The initial term of engagement for committee members will be set for 12 months. Committee members encourage a diverse age distribution, from younger persons to Elders. Consideration was also suggested to include a diverse array of wisdom and lived experiences. Balanced representation was also a consideration in determining the inaugural committee. The inaugural Chairperson is Ms Shanna Wille (photographed right). The Committee Members include Paula Hibel, Aunty Joyce Summers, Inelada Quinn, Uncle Kevin Ross, Nichelle Nona, Aunty Betty Scott, Lindsay Dean, and Aunty Maureen Newson.



Karulbo Community Health Initiatives Fund

The committee was presented with a brief to establish a Karulbo Community Health Initiatives Fund for activities aimed at improving the health and wellbeing of Aboriginal and Torres Strait Islander peoples in set up to support valuable grassroots initiatives for the community of the Gold Coast. This fund is designed to give back to the community, and support projects and organisations that are aligned with the values of Kuluw, Gold Coast Health and Krurungal.

The committee endorsed the establishment of the fund with further details to be released towards the end of February.

General Business

- Karulbo Terms of Reference were reviewed and approved.
- The format of Karulbo Yarning Circles was discussed. The Committee approved a new process for determining the agenda and guest speakers.
- The Committee requested that the Yarning Circles rotate locations.
- Calendar of significant events circulated. The Karulbo Committee to determine whether funds can be allocated to cultural events at the next meeting.

Next Karulbo Committee Meeting (committee members only)

Date: 27 February 2024
Time: 10am
Venue: Kuluw Head Office, Yarrily Lakes

Next Karulbo Yarning Circle (open to all community members)

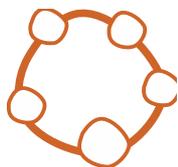
Date: 14 March 2024
Time: 9:45am – 12:30pm (lunch provided)
Venue: The Glassie Club, Robina



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Community Health Initiative fund



EMPOWER

Support for:

- Elders trip to Moree
- First Nations Market
- SEQ Magic Women's Rugby League – Team Jumper





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Next Steps

- **PLAN:** review Committee workplan.
- **DO:** Collaborate to develop 2025 events. Continue small grants program.
- **CHECK:** Committee self-assessment and Yarning Circle participant feedback.
- **ACT:** Distribute Committee and Yarning Circle 2025 Calendar